



Badge Activities for Guides

**Inspiring activities, tailored
to help achieve Badges**

Survival

Discover how to survive in the great outdoors by building a shelter, collecting water and identifying edible plants.

Science

Complete a Nature Survey in the forest, make a bird feeder or discover different habitats and what lives in them.

Safe supervision

Experienced and enthusiastic staff

Outdoor fun and fresh air

Inspiring environmental activities

We offer a wide range of environmental activities for young people. All our exciting programmes are led by our excellent trained staff and provide fun and inspiring activities under safe supervision.

The Centre's purpose built facilities offer superb opportunities for field study in the heart of Epping Forest.

Epping Forest Field Centre

Tel: 020 8502 8500

Address: Paul's Nursery Road, High Beach,
Loughton, Essex, IG10 4AF

Fax: 020 8502 8502

Email: enquiries.ef@field-studies-council.org

Website: www.field-studies-council.org/eppingforest

Registered Charity Number: 313364

Managed by FSC for an on behalf of the City of London Corporation,
Conservators of Epping Forest.

FSC

BRINGING
ENVIRONMENTAL
UNDERSTANDING TO ALL

Further Information

- We provide a two hour session, Activity Leader, room and suitable equipment.
- Our Activity Leader will organise and lead the session.
- Sessions normally take place between 10am-12pm or 2-4pm at weekends and during school holidays. Or between 4-6pm and 4.30-6.30pm on week days during the summer months. Special arrangements can be made for alternative times during the week if requested and Activity Leaders are available. Longer sessions can be organised on request.
- We take the greatest care to ensure the safety of all participants. Our Activity Leaders are trained in first aid and have access to a first aid kit at all times.
- In the case of extreme bad weather we can arrange indoor activities so the participants can enjoy themselves come rain or shine.
- Please ensure all participants are dressed appropriately for outdoor activity. The centre has a limited supply of Wellington boots.
- The normal maximum number of participants is 22, and we do not normally run activities for participants aged under 4. In special circumstances this can be arranged, however a surcharge will be incurred.
- For participants under 16 we ask for responsible adults to accompany the children at a ratio of 1 adult to every 6 children. We are unable to supervise children who are not part of the booked group.
- Upon making a booking you will receive, a letter confirming the booking details, a copy of the invoice, and a Booklet containing details of Visitor Information and Booking Conditions.

Cost

Activities cost £5 per person for a two hour session subject to a minimum fee of £70 on weekdays and £85 on weekends.

If the badge you are interested in is not listed, contact us and we can discuss other options.

