

Appendix 1: Contents of Safety Rucksack / Container

With the exception of activities carried out on the Centre premises and in close proximity to a main building and its associated facilities, a rucksack or other appropriate container **must** be readily available at a fieldwork or activity site being used by a group.

This rucksack / container **must** contain:

1. Group Fieldwork First Aid kit [see FSC OCoP No.IM3., section 10.5]
2. Site Working Information Card[s] [see FSC OCoP No.IM2]
3. Incident Message Card
4. Effective means of summoning assistance, normally a mobile phone or site radio unless within easy access of a fixed point telephone.

When working in rural / open country, as opposed to 'in a settlement' such as a town or village, the following items **must** also be contained in the rucksack / container;

1. Plastic whistle
2. Exposure bag [8' x 4']
3. Appropriate navigation equipment

The following equipment **must** be available and added to the safety rucksack's / container's contents in relation to the group leader's professional judgement of such factors as time of year, weather forecast, fieldwork site location, intended activity and group members:

1. Sleeping bag
2. Throw Line / Bag
3. Torch

Other specialised items, e.g. canoeing tow rope, which are identified in the specific risk assessments for the activity, site or group may be available if judged as appropriate by the UM.

NB. Use of public telephones to summon assistance from the Unit.

As part of the Unit's procedures, the UM **must** determine the means that staff and students are to use to contact the Unit from a fieldwork location.