



## Key Stage 2 Cross-Curricular Programmes

*FSC programmes are fixed length courses with clearly stated outcomes and links to curriculum specification requirements.*

Eco-Adventure  
5 days

Please visit  
<http://www.field-studies-council.org/outdoorclassroom/keystage2>  
for alternative A-level OCR programmes

## OVERVIEW

This 5-day course is designed to explore student’s relationships with their environment, the impact of their lifestyles and provides opportunities to investigate the world around them in a safe and systematic way

## COURSE LENGTH

5 Days (4 nights with 12 teaching sessions)

*Monday-Friday, Wednesday-Sunday*

Groups would normally arrive in time to be taught in the afternoon of the first day and would then be taught on that evening and for three full days subsequently. Groups depart immediately after the morning session on the day of departure.

	Teaching Sessions		
	Morning	Afternoon	Evening
Monday		Arrive, 1	2
Tuesday	3	4	5
Wednesday	6	7	8
Thursday	9	10	11
Friday	12, Depart		

### Typical Teaching Sessions

AM 9:30am – 1:00pm  
 PM 1:30pm – 6:00pm  
 EVE 7.00pm – 8:00/8:30pm

## COURSE CONTENT

- Sense of place – an exploration of the centre, assessment of prior learning, introduction to the concept of risk assessment and icebreaker activities (session 1)
- Problem solving and team building (session 2)
- Water adventure – exploring the hydrological cycle through a combination of fieldwork and adventurous activities (sessions 3 and 4)
- Cultural activities – storytelling, folk dancing, campfire etc. (session 5)
- Rock adventure – investigating rocks and soils through a combination of fieldwork and adventurous activities (sessions 6 and 7)
- Physical activities – night walk, environmental games etc. (session 8)
- The journey – planning and implementing an expedition (sessions 9 and 10)
- Environmental art (session 11)
- Review – Using map work and orienteering to facilitate a review session and assessment of learning through the programme (session 12)
- Daily review – using diary / training manual / assessment of learning

The habitats, landforms and location of each Centre are unique, so the precise way in which this content will be delivered will vary from Centre to Centre but the general approach will be one that allows progression. Activities will build on, reinforce and practice skills they already have or acquire earlier in the course. Each course will also build in opportunities for students to develop confidence in their own abilities and team building skills.

## **GENERAL OBJECTIVES**

The course will:

- enable students to make more confident and informed choices about the environment
- give the chance to reflect upon spiritual, moral, cultural and social issues
- provide students with an understanding of basic concepts of sustainability
- foster a safe, healthy and caring learning environment in an enjoyable way
- provide opportunities for children to undertake their own risk assessments
- provide opportunities to use imagination to understand the experiences of others
- give opportunities for students to explore at least two different landforms
- provide an opportunity to develop team skills and confidence as an individual
- develop imaginative and expressive skills working with a range of natural and other materials
- enable pupils to experience what makes a healthy lifestyle, including the benefits of exercise and healthy eating
- enable students to discover the location of places in the environment using maps and plans at a range of scales

## **LEARNING OUTCOMES**

By the end of the course we expect all students to:

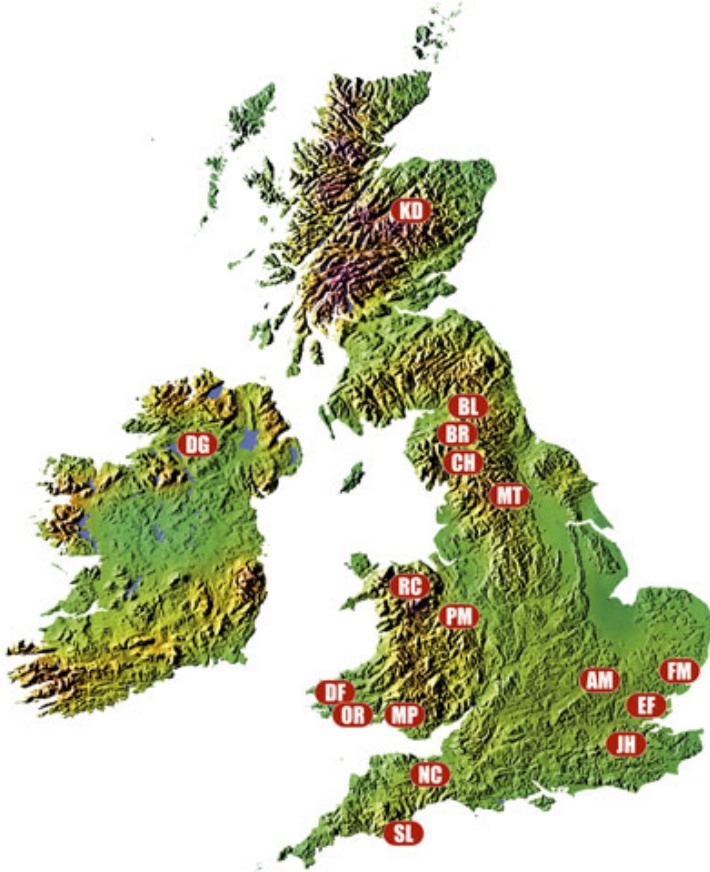
- be able to critically reflect on their lifestyle and its impact on the environment
- understand what makes a safe and healthy lifestyle including the benefits of exercise and healthy eating
- describe the processes influencing a variety of landforms
- understand that their actions affect themselves and others, to care about other people's feelings and to try to see things from other points of view
- challenge themselves and to have become more confident members of a team
- be able to transfer their newly acquired skills to everyday life

We also hope that students will:

- have developed an understanding of, and respect for, themselves, others and the natural environment
- have developed enjoyment of and commitment to learning

## FSC CENTRES

This programme is offered at a number of our centres, set in some of the most stunning locations in the UK.



### FSC Centres that offer this programme:

BL	Blencathra	Tel: 01768 779 601
CH	Castle Head	Tel: 0845 3307 364
DF	Dale Fort	Tel: 0845 3307 365
MT	Malham Tarn	Tel: 01729 830 331
MP	Margam Park	Tel: 01639 895636
PM	Preston Montford	Tel: 0845 330 7378

### TO BOOK THIS PROGRAMME, SIMPLY:

1. Choose the time of the year you would like to attend
2. Pick the centre/centres of interest
3. [Check availability online](#) or contact head office using the details at the bottom of the page or contact the centre of your choice

*\*Please note to book this programme the minimum size of your group must be 12 students and 1 member of staff*

Please visit

<http://www.field-studies-council.org/outdoorclassroom/keystage2>

for alternative Key stage 2 programmes

**The FSC prides itself on being flexible. If you can't find a programme to meet your exact requirements a course specifically tailored to meet your needs can be developed. To discuss this, contact the centre of your choice. Fees will depend on what time of year you would like to visit and your length of stay but will be more expensive than FSC programmes at peak periods.**

## PROGRAMME PRICES

### Prices up to 23<sup>rd</sup> August 2009

5 day timetable      Band A: £150    Band B: £171    Band C: £184    Band D: £204

### Prices from 24<sup>th</sup> August 2009

5 day timetable      Band A: £155    Band B: £177    Band C: £190    Band D: £212

Week Beginning	Band	Week Beginning	Band	Week Beginning	Band
January 05 2009	A	July 27 2009	A	February 15 2010	B
January 12 2009	A	August 03 2009	A	February 22 2010	C
January 19 2009	A	August 10 2009	A	March 01 2010	C
January 26 2009	B	August 17 2009	A	March 08 2010	D
February 02 2009	B	August 24 2009	B	March 15 2010	D
February 09 2009	B	August 31 2009	C	March 22 2010	D
February 16 2009	B	September 07 2009	D	March 29 2010	C
February 23 2009	C	September 14 2009	D	April 05 2010	B
March 02 2009	C	September 21 2009	D	April 12 2010	B
March 09 2009	D	September 28 2009	D	April 19 2010	C
March 16 2009	D	October 05 2009	D	April 26 2010	D
March 23 2009	D	October 12 2009	D	May 03 2010	D
March 30 2009	C	October 19 2009	D	May 10 2010	D
April 06 2009	B	October 26 2009	B	May 17 2010	D
April 13 2009	B	November 02 2009	D	May 24 2010	D
April 20 2009	C	November 09 2009	C	May 31 2010	B
April 27 2009	D	November 16 2009	C	June 07 2010	D
May 04 2009	D	November 23 2009	B	June 14 2010	D
May 11 2009	D	November 30 2009	B	June 21 2010	D
May 18 2009	D	December 07 2009	A	June 26 2010	D
May 25 2009	B	December 14 2009	A	July 05 2010	D
June 01 2009	D	December 21 2009	A	July 12 2010	D
June 08 2009	D	December 28 2009	A	July 19 2010	C
June 15 2009	D	January 04 2010	A	July 26 2010	A
June 22 2009	D	January 11 2010	A	August 02 2010	A
June 27 2009	D	January 18 2010	A	August 09 2010	A
July 06 2009	D	January 25 2010	B	August 16 2010	A
July 13 2009	D	February 01 2010	B	August 23 2010	A
July 20 2009	C	February 08 2010	B		

### Included within the programme price:

- Expert tuition by fully trained staff
- Rigorous and proven health and safety procedures including 24 hour emergency cover
- Access to risk assessments
- Full board (residential visits)
- Specialist equipment and exclusive access to specially developed resources
- Free places for visiting staff
- E-mail support before and after the course (on request)
- Waterproof clothing and footwear

*Please remember personal/travel insurance, travel to the field centre and to fieldwork sites are not included in the programme fee.*