



Key Stage 2 Cross-Curricular Programmes

FSC programmes are fixed length courses with clearly stated outcomes and links to curriculum specification requirements.

Inspired for Life (John Muir Discovery Award)
5 days

Please visit

<http://www.field-studies-council.org/outdoorclassroom/keystage2>

for alternative A-level OCR programmes

OVERVIEW

This 5-day course is designed to cover all aspects of the John Muir Discovery Award, using a holistic approach to discover, explore, conserve and share. Pupils will develop relationships with the environment through the discovery and exploration of a particular wild place. Pupils will gain knowledge and understanding about nature, and the interdependence of living systems. They will appreciate the value of wild places and take practical action to help conserve that environment. The course provides opportunities to discover the world around them in a safe and systematic way.

COURSE LENGTH

5 Days (4 nights with 12 teaching sessions)

Monday-Friday, Wednesday-Sunday

Groups would normally arrive in time to be taught in the afternoon of the first day and would then be taught on that evening and for three full days subsequently. Groups depart immediately after the morning session on the day of departure.

	Teaching Sessions		
	Morning	Afternoon	Evening
Monday		Arrive, 1	2
Tuesday	3	4	5
Wednesday	6	7	8
Thursday	9	10	11
Friday	12, Depart		

Typical Teaching Sessions

AM 9:30am – 1:00pm
 PM 1:30pm – 6:00pm
 EVE 7.00pm – 8:00/8:30pm

COURSE CONTENT

- An introduction to John Muir and the Discovery award
- Sense of place – Explore pupils perceptions about wild areas and an exploration of the centre and surrounding landscape
- Environmental games – reinforce concepts of inter-dependence in living systems
- Discover and explore a more challenging wild place – an adventurous exploration on foot through a protected landscape e.g. nature reserve, national park, SSSI etc, introducing concepts of conservation and understanding of the human and physical processes that have shaped that landscape.
- Develop and share a personal response to the landscape through creative expression e.g. environmental art, poetry, creative writing or storytelling using material gathered during the week
- Experience the world at night – a night walk, followed by an optional overnight camp in the centre grounds
- Conserving wild places – getting actively involved with practical conservation and evaluating the sustainability of human activities in wild places, e.g. through undertaking an outdoor activity and assessing its impacts
- Sharing experiences – circle session round campfire (when possible), where small groups give a presentation on an aspect of the week e.g. through dance, song, poetry, play etc
- Daily review – using diary / training manual / assessment of learning
- Reflect on the environment and their learning in their own personal natural space and share with others.
- Pledges for the future, award certificates and slideshow

The habitats, history and location of each Centre are unique, so the precise way in which this content will be delivered will vary from Centre to Centre but the general approach will be one that allows progression. Activities will build on, reinforce and practice skills they already have or acquire earlier in the course. Each course will also build in opportunities for pupils to develop team work and confidence in their own abilities.

GENERAL OBJECTIVES

The course will:

- enable pupils to develop a sense of place and form a relationship with a wild place
- develop pupils understanding of the human and physical processes that shape wild places
- provide opportunities for pupils to take practical action for the environment
- enable pupils to make confident and informed choices about their environment
- encourage a sense of responsibility and stronger affinity for the environment
- provide pupils with an understanding of basic concepts of sustainability
- give the chance to reflect upon spiritual, moral, cultural and social issues
- foster a safe and caring learning environment in an enjoyable way
- provide pupils with an opportunity to study living things in their natural habitat
- provide pupils with an understanding of interdependence of living things within their environment
- enable students to discover the location of places in the environment using maps and plans at a range of scales
- provide an opportunity to develop team skills and confidence as an individual
- develop imaginative and expressive skills working with a range of natural and other materials
- enable pupils to experience what makes a healthy lifestyle including the benefits of exercise and healthy eating

LEARNING OUTCOMES

By the end of the course we expect all pupils to:

- have developed an understanding of, and respect for, wild places and the living things that inhabit them
- have developed a personal connection with a wild place
- feel more comfortable and safe in the outdoors
- be able to critically reflect on their lifestyle and its impact on the environment, and know that they can take positive action
- have developed social and personal skills

We also hope that pupils will:

- have been inspired to continue the discovery and exploration of wild places throughout their lives
- have developed an understanding of, and respect for, living organisms in their natural habitats
- have developed enjoyment of and commitment to learning

FSC CENTRES

This programme is offered at a number of our centres, set in some of the most stunning locations in the UK.



FSC Centres that offer this programme:

BL	Blencathra	Tel: 01768 779 601
CH	Castle Head	Tel: 0845 3307 364
DF	Dale Fort	Tel: 0845 3307 365
MT	Malham Tarn	Tel: 01729 830 331
SL	Slapton Ley	Tel: 01548 850 466

TO BOOK THIS PROGRAMME, SIMPLY:

1. Choose the time of the year you would like to attend
2. Pick the centre/centres of interest
3. [Check availability online](#) or contact head office using the details at the bottom of the page or contact the centre of your choice

**Please note to book this programme the minimum size of your group must be 12 students and 1 member of staff*

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for alternative Key stage 2 programmes

The FSC prides itself on being flexible. If you can't find a programme to meet your exact requirements a course specifically tailored to meet your needs can be developed. To discuss this, contact the centre of your choice. Fees will depend on what time of year you would like to visit and your length of stay but will be more expensive than FSC programmes at peak periods.

PROGRAMME PRICES

Prices from 2010

3 day timetable Band A: £96 Band B: £109 Band C: £116 Band D: £129

Prices from 2011

3 day timetable Band A: £89 Band B: £104 Band C: £119 Band D: £135 Band E: £142

Week Beginning	Band	Week Beginning	Band	Week Beginning	Band
May 03 2010	D	October 11 2010	D	March 21 2011	D
May 10 2010	D	October 18 2010	D	March 28 2011	D
May 17 2010	D	October 25 2010	B	April 4 2011	C
May 24 2010	D	November 1 2010	D	April 11 2011	B
May 31 2010	B	November 8 2010	C	April 18 2011	B
June 07 2010	D	November 15 2010	C	April 25 2011	D
June 14 2010	D	November 22 2010	B	May 2 2011	D
June 21 2010	D	November 29 2010	B	May 9 2011	D
June 26 2010	D	December 6 2010	A	May 16 2011	D
July 05 2010	D	December 13 2010	A	May 23 2011	D
July 12 2010	D	December 20 2010	A	May 30 2011	B
July 19 2010	C	December 27 2010	A	June 6 2011	E
July 26 2010	A	January 3 2011	A	June 13 2011	E
August 02 2010	A	January 10 2011	A	June 20 2011	E
August 09 2010	A	January 17 2011	A	June 27 2011	E
August 16 2010	A	January 24 2011	B	July 4 2011	E
August 23 2010	A	January 31 2011	B	July 11 2011	E
August 30 2010	D	February 7 2011	B	July 18 2011	C
September 6 2010	D	February 14 2011	C	July 25 2011	A
September 13 2010	D	February 21 2011	C	August 1 2011	A
September 20 2010	D	February 28 2011	C	August 8 2011	A
September 27 2010	D	March 7 2011	D	August 15 2011	A
October 4 2010	D	March 14 2011	D		

Included within the programme price:

- Expert tuition by fully trained staff
- Rigorous and proven health and safety procedures including 24 hour emergency cover
- Access to risk assessments
- Full board (residential visits)
- Specialist equipment and exclusive access to specially developed resources
- Free places for visiting staff
- E-mail support before and after the course (on request)
- Personal and travel insurance

Please remember travel to the field centre and to fieldwork sites is not included in the programme fee.