



Outdoor Classroom for Scotland Programmes for Secondary Students (S1/2)

*FSC programmes are fixed length courses with clearly stated outcomes and links to
5-14 Curriculum and A Curriculum for Excellence.*

Eco-Adventure 5 days

- Keen to use real world learning to create **engaged** students?
- Need a course helping students with the P7/S1 or S1/S2 **transition**?
- Want to promote **teamwork** and social skills?
- Interested in effectively **challenging** gifted and talented students?
- Aim to make The Curriculum for Excellence fun through **memorable** experiences?
- Seek **inclusive** experiences that appeal to a range of learners?

Please visit
<http://www.field-studies-council.org/outdoorclassroom/scotland/s1ands2crosscurricular.aspx>
for alternative S1/S2 programmes

OVERVIEW

The outdoor classroom is used throughout this programme, combining activities directly linked to delivering subject outcomes and cross-curricular strands, with personal challenge through outdoor activities. Students engage with the environment to aid their learning about the world around them, other people and themselves.

This course is designed to build motivation, confidence and self esteem and other capacities outlined in A Curriculum for Excellence, and can be tailored towards either the P7 to S1 or S1 to S2 transition.

PROGRAMME LENGTH

5 Days (4 nights with 12 teaching sessions)

Monday-Friday, Wednesday-Sunday

Groups would normally arrive in time to be taught in the afternoon of the first day and would then be taught on that evening and for three full days subsequently. Groups depart immediately after the morning session on the day of departure.

Day 1	Day 2	Day 3	Day 4	Day 5
Arrive Afternoon & evening sessions	Morning, afternoon & evening sessions	Morning, afternoon & evening sessions	Morning, afternoon & evening sessions	Morning session Depart after Lunch

PROGRAMME CONTENT

Includes:

- Problem solving, and team building challenges
- Investigation of stunning and diverse Highland landscapes and habitats
- Water based activities – canoeing or rafting
- Ropes course challenge
- Orienteering/ map reading
- Hill walking and bushcraft
- Craft activities

CURRICULUM FOR EXCELLENCE OUTCOMES WHICH THE PROGRAMME CONTRIBUTES TO:

Successful learners

- Motivating learners, through investigating in inspirational settings with enthusiastic leaders;
- Adding value to understanding - reinforcing knowledge and skills learnt in the classroom, in a real world context
- Improving participation and motivation of those with learning styles less suited to the classroom.

Confident Individuals

- Encouraging reflection, and using the outdoors in developing their ability to assess risk, and make informed decisions, and behaviour choices

Responsible Citizens

- Experiencing the Scottish Highlands, enhancing their sense of place and belonging, and responsibility for their environment
- Using their residential experience, sharing and living together, in fostering understanding of others values and beliefs
- Improving their capacity to evaluate environmental, scientific and technological issues in the real world

Effective Contributors

- Providing opportunities improving interpersonal and social skills – group cohesion and teamwork
- Encouraging leadership, enterprise and creativity in group problem solving challenges – in fieldwork, or team building contexts
- Developing communication and evaluation skills in different settings.

5-14 CURRICULUM LINKS

Personal and Social Development

- Personal development: Self awareness and self esteem building
- Social Development: Inter-personal relationships, interdependence and inter-dependence

Environmental Studies

Social subjects

- Place and people

Science

- Energy and forces
- Living things and the processes of life

Health Education

- Physical health
- Social health

TIMETABLE

DAY	MORNING	AFTERNOON	EVENING
1	<p>Arrival (approx. 12 - 1pm)</p> <p>Welcome and outline the week's challenges ahead</p> <p>Tour of centre Settle into rooms Allocate kit (i.e. waterproofs)</p>	<p>Team Building</p> <p>A variety of team building activities are used to:</p> <ul style="list-style-type: none"> • Develop a sense of place • Introduce the 'ingredients' of a good team, and why teamwork is important • Generate individual targets for the course on working better in a team 	<p>Duskriders/ Nightwatchers Walk</p> <p>Students exploring the surrounding environment as the light fades to:</p> <ul style="list-style-type: none"> • Improve their team and communication skills (building on the afternoon session) • Investigate the nightlife around the center and compare the brightness of the stars with their home areas
2	<p>Ropes and Zip Line Challenge</p> <p>Students take part in a series of tree and rope challenges to:</p> <ul style="list-style-type: none"> • Improve their communication skills • Undertake a personal challenge 	<p>Kindrogan Hill Trail</p> <p>Students complete the personal challenge of walking to the top of the 495m summit. This enables students to :</p> <ul style="list-style-type: none"> • Develop a sense of place in the highlands • Compare and contrast the area to their home area • Learn survival skills and build an emergency woodland shelter • Complete a challenging personal task 	<p>Rocket Building</p> <p>Students will design and build own water rocket to</p> <ul style="list-style-type: none"> • Learn more about aerodynamics and fuel systems • Improve their team and communication skills
3	<p>Orienteering</p> <p>Exploration of the centre grounds through orienteering to:</p> <ul style="list-style-type: none"> • Develop a sense of place and map skills • Improve their team and communication skills (building on the afternoon session) 	<p>Water Wilderness</p> <p>Students raft down the River Tay to:</p> <ul style="list-style-type: none"> • Explore the environment from a different perspective • Work with others overcoming challenging obstacles 	<p>Conservation Activities</p> <p>Students take part in a conservation activity such as tree planting to:</p> <ul style="list-style-type: none"> • Explore the biodiversity of the centre area • Discuss factors affecting the flora and fauna in the area
4	<p>Our Scottish Highland Landscape</p> <p>Students experience the highland landscape first hand by ascending one of the local mountains to:</p> <ul style="list-style-type: none"> • Gain a sense of place • Understand the environment they have been exploring • Complete a challenging personal task 		<p>Environmental Art/ Willow Craft</p> <p>Students will work with local artist Jane Wilkinson to learn about willow craft and construct their own piece of craftork, or take part in an environmental art session led by Kindrogan staff</p>
5	<p>Presentation Ceremony</p> <p>Students work together in group to deliver a presentation on their achievements and favourite activities during the</p>	<p>Depart</p>	

Please note: to ensure safe and quality learning experiences for students the timetable may alter depending on weather conditions and local factors at centres.

FSC KINDROGAN

Located in rural Perthshire, at the edge of the Cairngorms National Park FSC Kindrogan is 11 miles from Pitlochry's mainline train station and close to the A9. The Centre itself is set in wooded grounds on the banks of the River Ardle and lies within easy reach of some of the most inspiring landforms in the Scottish Highlands and a rich range of wildlife habitats.



KD

Kindrogan

Tel: 01250 870150

TO BOOK THIS PROGRAMME, SIMPLY:

1. Choose the time of the year you would like to attend
2. Check availability online(HYPERLINK) or contact FSC Kindrogan

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The FSC prides itself on being flexible. If you can't find a programme to meet your exact requirements a course specifically tailored to meet your needs can be developed. To discuss this, contact the centre of your choice. Fees will depend on what time of year you would like to visit and your length of stay but will be more expensive than FSC programmes at peak periods.