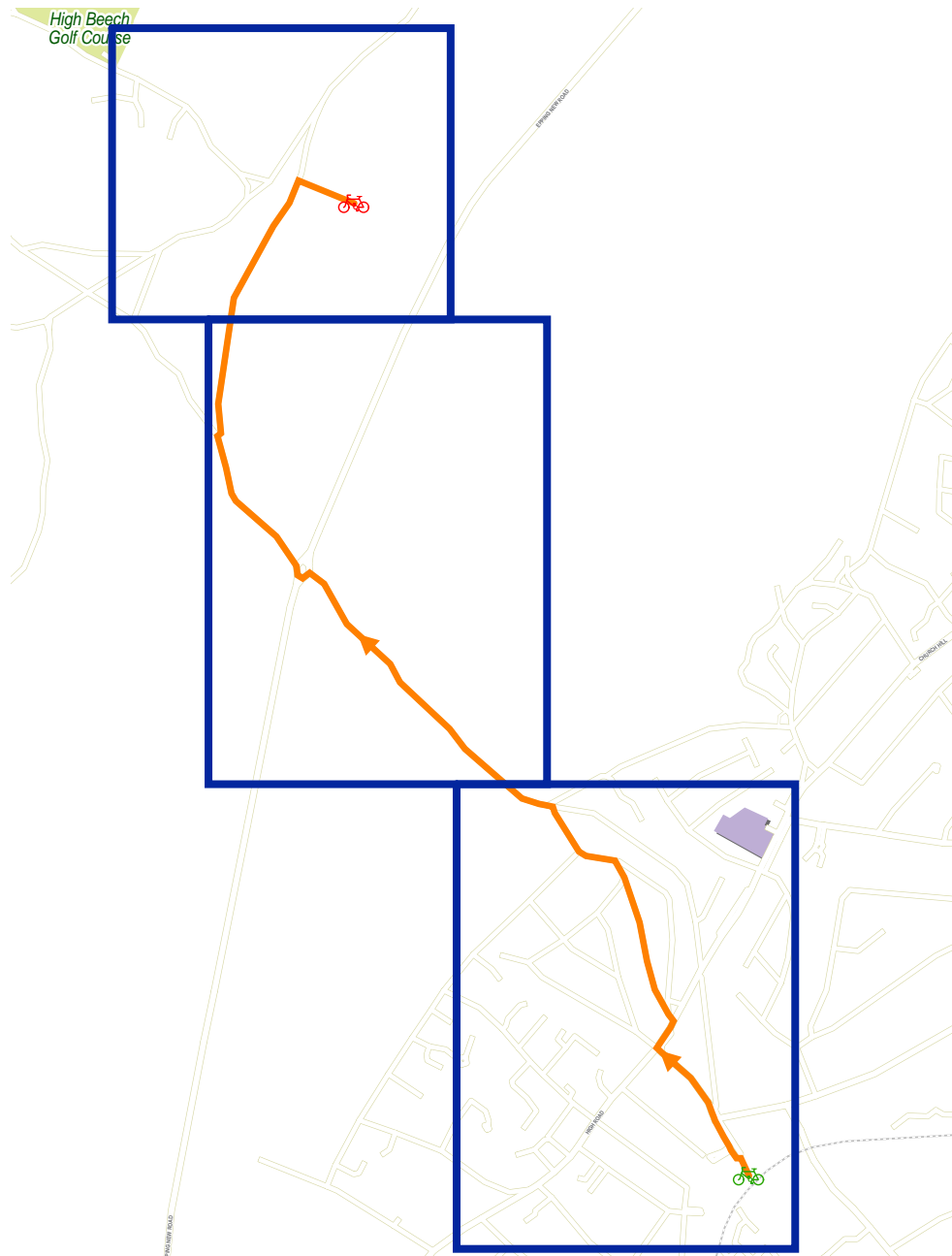




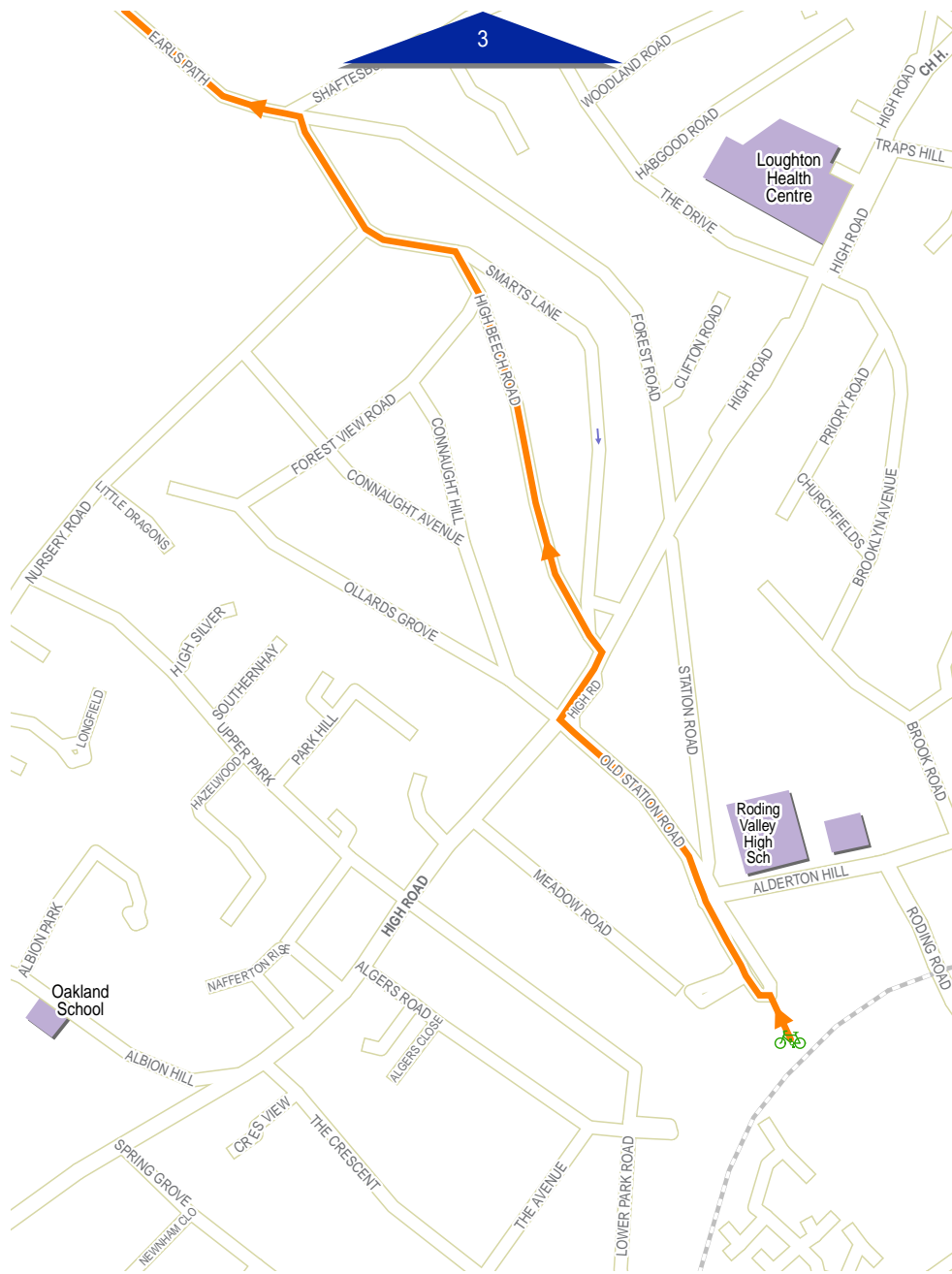
Suggested path from Loughton Underground Station to IG104AF.



- Bike
- Route signed for cyclists through park or beside canal or river. Usually shared with pedestrians.
- Route on quieter roads recommended by cyclists
- Route signed for cyclists separate from traffic. Usually shared with pedestrians.
- Route signed for cyclists. May be on busy roads.
- Departure with bike Arrival with bike



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From Loughton Underground Station.		
Straight Up		40 m 40 m
Straight Up		10 m 50 m
Straight Up		30 m 80 m
Straight Up		50 m 130 m
Straight Up		10 m 140 m
Straight Up	Old Station Road	240 m 380 m
Turn Right Into	High Road	80 m 460 m
Turn Left Into	High Beech Road	440 m 0.9 km
Turn Left Into	Smarts Lane	230 m 1.1 km
Turn Left Into	Earls Path	0.9 km 2.0 km



Suggested path from Loughton Underground Station to IG104AF.

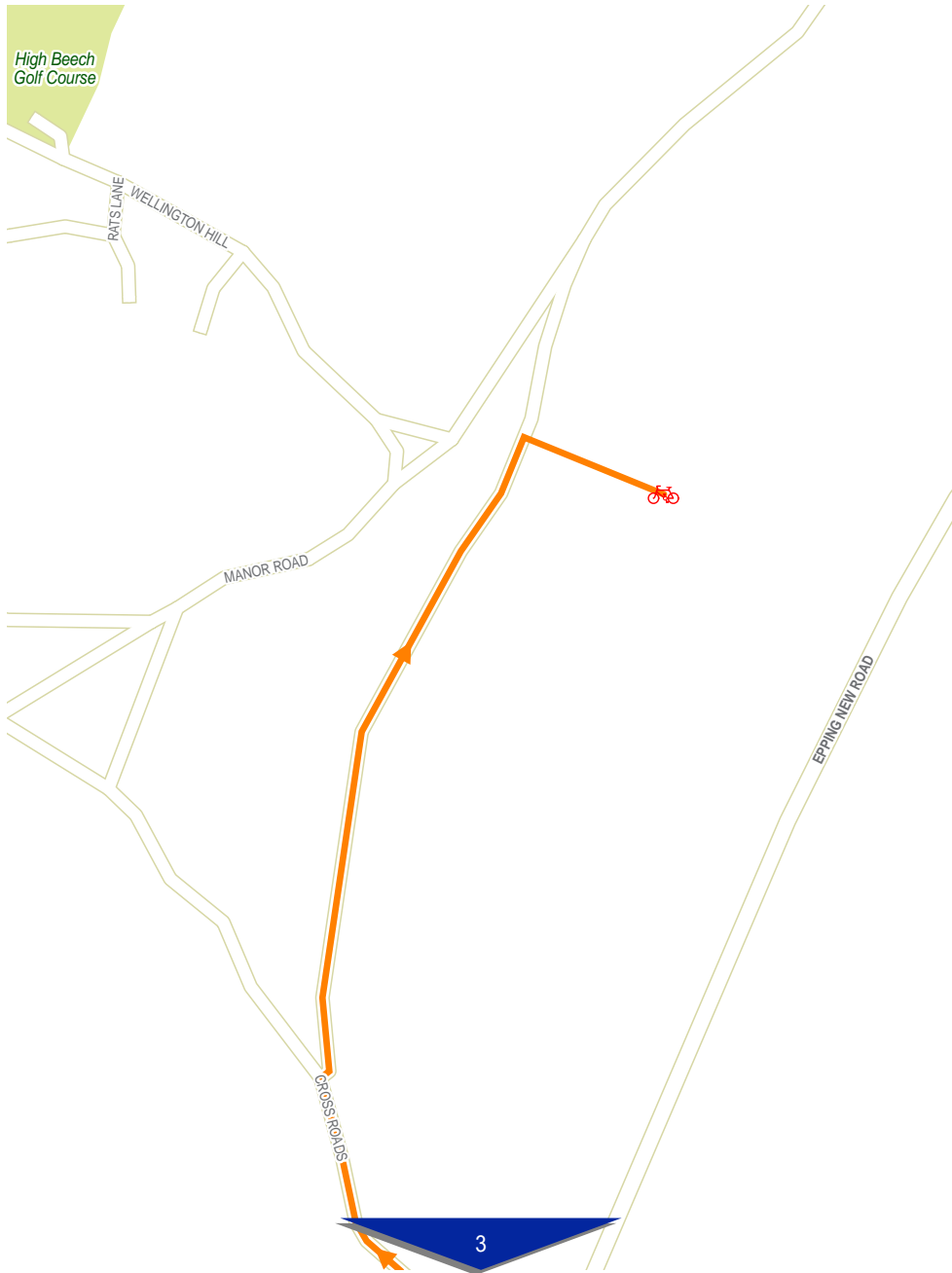


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Turn Left Into	Earls Path	0.9 km	2.0 km
Turn Left Into		20 m	2.0 km
Turn Right Into		20 m	2.1 km
Turn Right Into		20 m	2.1 km
Turn Left Into	Cross Roads	400 m	2.5 km
Turn Right Into		0.7 km	3.2 km



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Turn Left Into	Cross Roads	400 m	2.5 km
Turn Right Into		0.7 km	3.2 km
	Arrive at IG104AF.		3.2 km