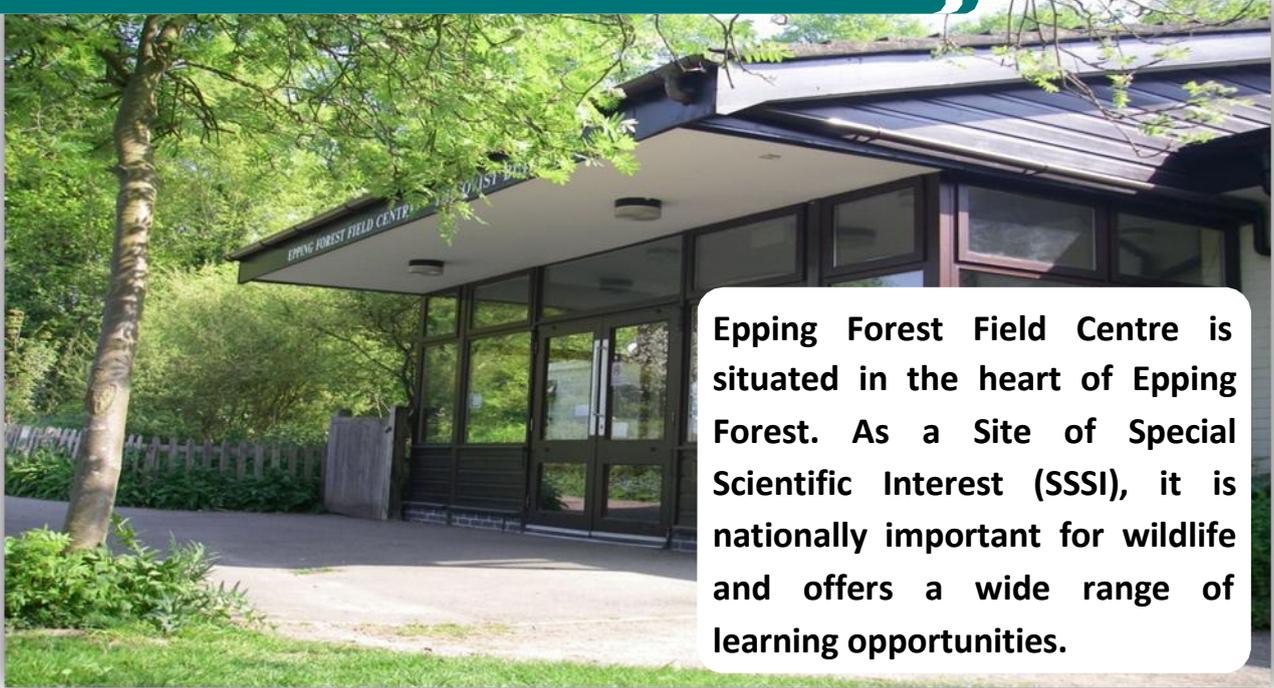


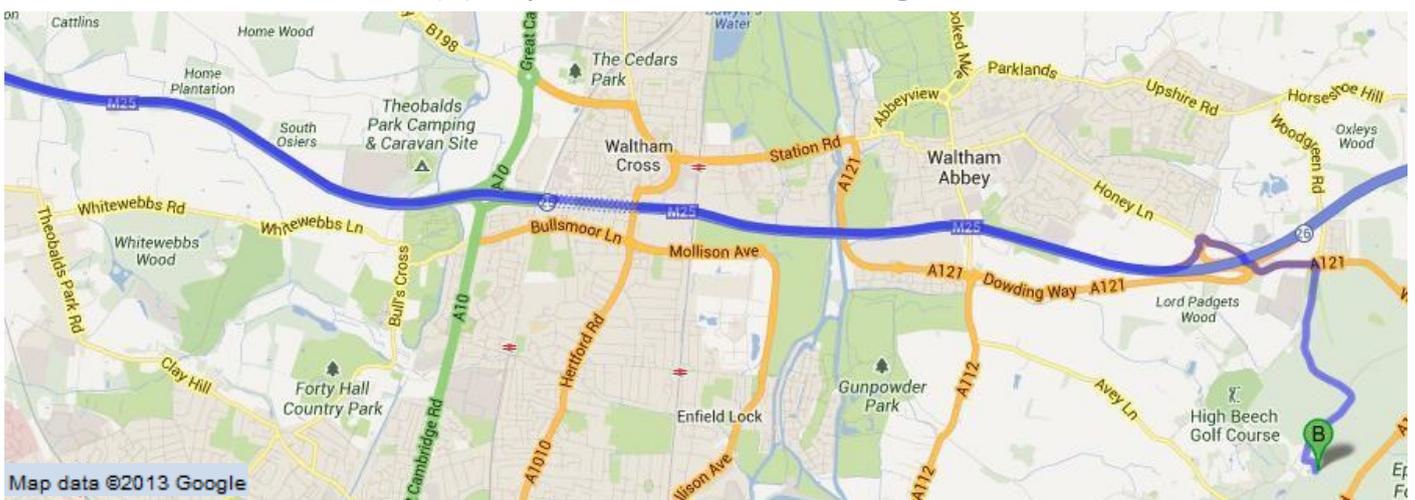
FSC Epping Forest Directions



Epping Forest Field Centre is situated in the heart of Epping Forest. As a Site of Special Scientific Interest (SSSI), it is nationally important for wildlife and offers a wide range of learning opportunities.

By Car

When travelling east along the Northern section of the M25 (A, not pictured), exit towards A121/Loughton/Waltham Abbey at junction 26. At the first roundabout, take the third exit onto Honey Lane and then take the first exit of the second roundabout onto the A121. Turn right onto Forest Side, which becomes Claypit Hill, and take the second left (B) as you summit the hill at High Beech.



Drivers are asked to pay great attention when entering and exiting the centre driveway, adhering to the 10mph speed limit; there is a likelihood that young children will be walking in the area.

If you are planning to use a Sat Nav to assist in your travel, FSC Epping Forest's postcode is IG10 4AF.

By Train

The nearest stations are:

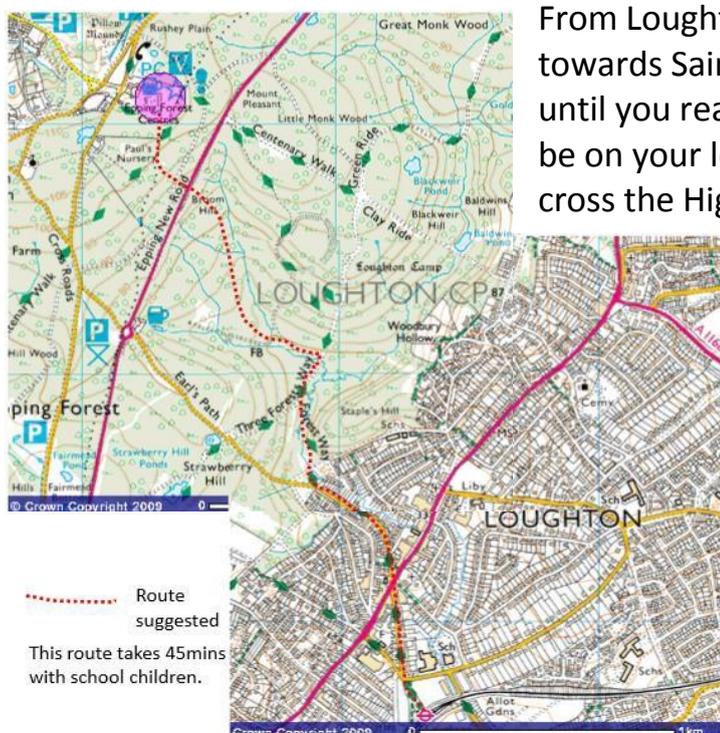
- Loughton (on the Central Line)
- Chingford (National Rail Network from Liverpool Street).

There are taxi services which operate from both stations.

By Bicycle

Fact sheets are available to download detailing cycle routes from a variety of local towns. If you would like further advice on cycle routes to the centre please contact us.

On foot



From Loughton tube station, walk along the road towards Sainsbury's, carry on along Station Road until you reach High Road (the post office should be on your left and Honda garage on your right) cross the High Road and walk down Forest Road

(road with speed bumps and cars parked on both sides)

At the end of the houses on Forest Road, take the footpath on the right, cross Staples Road and walk on the path up a grass bank, you should see a big pond. Walk around the left of the pond and into the forest (away from town).

You should cross a bridge. Carry on walking along the path until you reach the surfaced horse ride, then

walk north along this horse ride until you cross the (small) river and then turn left.

Follow the path west, you should reach an open grassy area, keep walking until you reach a bridge. There are green trail arrows which you can follow for this section of the route.

Cross the bridge and follow the path up the hill and along the river (river should be on your right at the bottom of the hill). After walking for about 5 minutes you should reach another small stream (may be dry), go over this and follow the path up the hill until you reach the Epping New Road. Cross the road and when you meet the horse ride turn right. Just before you get to the top of the hill turn left and follow the path up the hill until you reach the field centre gate. (Along the way you should see a grassy area on your left.)