

FSC Values:

Delivering first-hand experience
 Providing opportunities for everyone
 Sustainability for the future
 A caring attitude.



FSC Flatford Mill

Constable country



The location of many of John Constable's paintings, Flatford Mill runs over 120 Natural History and Arts courses in a unique and tranquil learning environment.

Staying at the Centre

FSC Flatford Mill has four separate accommodation buildings: the Mill, Willy Lott's House, Valley Farm and Babergh Bungalow. There are 10 single or twin rooms and a further 15 rooms containing three or more beds, giving a total of 78 bed spaces. Throughout the four buildings there are 19 bedrooms which are either en-suite or have a dedicated

suite across the corridor. The remaining six rooms (in the Mill) all have their own washbasins and share a new shower and WC suite close by. The standard price for FSC courses is for sole occupancy accommodation but shared and non-resident options are usually available at a reduced rate



Flatford Mill has a 24 hour duty system so there is always somebody on hand to help if you need it.

Food and Drink

The centre serves a cooked breakfast and a healthy evening meal using local ingredients. Special dietary requirements can be catered for, just let us know in advance. At breakfast there will be a variety of ingredients provided so you can make your own packed lunch. Cake is also available in the afternoon. In the evenings the centre has a bar well supplied with local beers, and other drinks.

- Breakfast: Start the day with a cooked breakfast, selection of cereals and/or toast.
- Picnic lunch: Most courses require you to prepare a packed lunch from a choice of bread, sandwich fillings, fruit and snacks provided.
- Evening meal: Enjoy three course meals each evening, always including a vegetarian option.
- Snacks: Homemade cakes, tea, coffee and cold drinks are available in pantry areas.

Facilities

There is a recreation room with table football, TV, DVD player and a selection of board games. There is an outdoor games field close to the centre buildings. Hot and cold drinks facilities are available in each activity room and in most accommodation areas. The dining room has a bar with a dinner licence. Other facilities include a centre shop, where you can purchase confectionery and drinks, as well as postcards, stamps, stationery, maps and other souvenirs.