

**FSC Values:**

Delivering first-hand experience  
Providing opportunities for everyone  
Sustainability for the future  
A caring attitude.

# Activities for Looked After and Adopted Children



## Have fun in the woods:

- Den building
- Campfire
- Crafts
- Mud play
- Make bird feeders
- Treasure hunt
- Bug hunting



## Forest Play: 2-5 year olds Forest Explorer: 5-11 year old

● All sessions led by friendly and professional tutors ● All staff are trained in First Aid and all activities are risk assessed ● Staffing ratios 1:6 (5-7 years old) 1:8 (8-11 year olds) Under 5s accompanied by carer

## Forest Play 2-5 year olds

**10am-12pm - £1 per child, no charge for adults. Children must be accompanied by an adult**

Play in the woods to build self-esteem and confidence and learn some transferable skills. Activities will include crafts, building dens, hunting for bugs, mud play, campfire and imaginative play. Younger siblings can accompany carers at no charge as long as **all** children are adequately supervised at all times.

**Session dates:** 4<sup>th</sup> October, 18<sup>th</sup> October, 29<sup>th</sup> October, 8<sup>th</sup> November, 22<sup>nd</sup> November

## Forest Explorer 5-11 year olds

### **10am-12pm - £1 per child**

An opportunity for children to have fun in the woods, building confidence and self-esteem in a nurturing, safe environment. Activities will include searching for pond and woodland animals, den building, fire lighting, making bird feeders, treasure trails and crafts. A room will be available with tea and coffee for carers who wish to remain on site during the activity. We would recommend this if you think your child will struggle with any aspects of the activities.

**Session dates:** 5<sup>th</sup> October, 19<sup>th</sup> October, 29<sup>th</sup> October, 9<sup>th</sup> November, 23<sup>rd</sup> November

**Limited places - booking essential; bookings accepted for single or multiple sessions.**

***Please come prepared to be outside whatever the weather, with waterproofs, warm layers and appropriate footwear.***



**How to Book:** By phone – 01494 721054

Or Email – [enquiries.am@field-studies-council.org](mailto:enquiries.am@field-studies-council.org)

We will then be able to confirm your places and email you a consent form to complete.



### **Booking Conditions**

- Activities take place outdoors and children should wear appropriate clothing and footwear for the conditions.
- Amersham Field Centre cannot accept responsibility for unaccompanied children before and after specified times.
- Amersham Field Centre is on the site of an electricity substation, children must be kept away from the boundary fences.
- We reserve the right to refuse admission to poorly behaved children.
- We may amend the programme if necessary.
- We reserve the right to cancel activities if insufficient bookings are taken.

**FSC Amersham Field Centre, Amersham Substation, Mop End, Amersham HP7 0QR**  
[www.field-studies-council.org](http://www.field-studies-council.org)