Helen Murray is our qualified Level 3 Forest School and Level 3 Childcare Practitioner here at Amersham Field Centre. She has planned a range of sessions for under 5’s (Eco Tots) and home education groups which cover the six principles of the Forest School ethos.

**Eco Tots**
(18 months – 5 years old)
9.30am – 11am
- Mon 8th, 15th, 22nd, 29th Jan and 5th Feb
- Mon 19th, 26th, Feb and 4th, 11th, 18th, 25th March
Join us for woodland-based activities so your little explorers can discover their sense of adventure.

**Home Education Groups**
(Age 7+ years)
9.30am – 11am
- Mon 8th, 15th, 22nd, 29th Jan and 5th Feb
- Mon 19th, 26th, Feb and 4th, 11th, 18th, 25th March
These sessions will be fun and explorative and will help children develop skills in the natural environment.

Forest School builds confidence, promotes independence, boosts social skills, is a form of holistic development, and most importantly, is great fun!

Visit our website to book by scanning the QR code above.