



SCAN ME

## Forest School Activities for Under 5s and Home Education Forest Groups.

Helen Murray is our qualified Level 3 Forest School and Level 3 Childcare Practitioner here at Amersham Field Centre. She has planned a range of sessions for under 5's (Eco Tots) and home education groups which cover the six principles of the Forest School ethos.

### Eco Tots

(18 months – 5 years old)

*9.30am – 11am*

- Mon 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> Jan and 5<sup>th</sup> Feb
- Mon 19<sup>th</sup>, 26<sup>th</sup>, Feb and 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> March

Join us for woodland-based activities so your little explorers can discover their sense of adventure.



### Home Education Groups

(Age 7+ years)

*9.30am – 11am*

- Mon 8<sup>th</sup>, 15<sup>th</sup>, 22<sup>nd</sup>, 29<sup>th</sup> Jan and 5<sup>th</sup> Feb
- Mon 19<sup>th</sup>, 26<sup>th</sup>, Feb and 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> March

These sessions will be fun and explorative and will help children develop skills in the natural environment.

**Forest School builds confidence, promotes independence, boosts social skills, is a form of holistic development, and most importantly, is great fun!**

**Visit our website to book by scanning the QR code above.**