## Continued Professional Development Hub – List of Contents

<table>
<thead>
<tr>
<th>Module/ Unit Name</th>
<th>Length</th>
<th>Geography</th>
<th>Biology</th>
<th>Primary</th>
<th>Secondary</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Early Careers Teachers</strong> (In collaboration with the Geographical Association)</td>
<td>(3 hr 37 mins)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cross Curricular Geography</td>
<td>15 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Differentiation and Fieldwork</td>
<td>14 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Student Led learning</td>
<td>16 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Fieldwork at GCSE</td>
<td>20 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Fieldwork in the Primary School</td>
<td>13 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Fieldwork through Enquiry</td>
<td>20 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Managing behaviour in the field</td>
<td>18 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Maximising Student Outcomes</td>
<td>23 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Planning and Embedding fieldwork</td>
<td>20 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Fieldwork Logistics and Risk Assessments</td>
<td>18 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Subject Knowledge Booster - Statistics</td>
<td>23 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Supporting SEND Students with Fieldwork</td>
<td>17 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td><strong>Mental Health &amp; Wellbeing</strong></td>
<td>(24 min)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Welcome</td>
<td>1 min</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Your Wellbeing as Educators</td>
<td>1 min</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Practical Strategies for Wellbeing</td>
<td>8 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Mirroring Movement</td>
<td>2 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Directional Listening</td>
<td>2 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Breathing Deeply</td>
<td>2 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Square Breathing</td>
<td>2 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Texture Palette</td>
<td>1 min</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>5…..4…..3…..2…..1.</td>
<td>2 mins</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Wellbeing Bingo</td>
<td>1 min</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Being Safe</td>
<td>1 min</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Rain Check</td>
<td>1 min</td>
<td>✓</td>
<td></td>
<td>✓</td>
<td>✓</td>
</tr>
</tbody>
</table>