



Field Studies Council Millport

Located on the Isle of Cumbrae on the Firth of Clyde, Field Studies Council Millport has a rich history as a marine research station. Since becoming a field centre, purpose-built accommodation and teaching spaces have been created to provide an excellent base for a range of courses. Millport Field Centre itself has great eco credentials with a biomass boiler, a green roof and sensor lights in all en-suite bathrooms.

The magical island of Cumbrae is set just off the western shore of mainland Scotland. It looks out over the Firth of Clyde and the Clyde islands, including the stunning Isle of Arran. Despite its island location, Millport has excellent ferry, road, rail, and air connections. It is remarkably accessible, at just 1 hour from Glasgow.

Full Programme

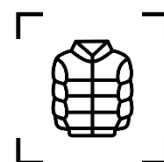
Primary Island Explorer

	Morning session (09:15 – 12:15)	Afternoon session (13:00 – 16:00)	Evening session (18:30 – 19:30)
Day 1:	Arrival ~ 12pm (please bring packed lunches) Welcome and introduction to Millport	Smugglers Team Challenges & Ballista Building Can your team work together to complete Smugglers challenges such as escaping the sinking ship or escaping through the smugglers tunnel? Then, we will learn knot tying skills to build a fully launching ballista! Can you make yours launch the furthest?	What Wanders at Night Investigation into the nocturnal inhabitants of the woodlands surrounding the Centre including small mammals such as voles and wood mice.
Day 2:	Rocky Shore Exploration We will head down to the nearby rocky shore to explore the intertidal zone and learn about the amazing sea creatures that survive there. With our new appreciation of the rocky shore environment, we will then complete a beach clean.	Rock Climbing Are you brave enough to make it to the top of the Devils Dyke? Using skill and determination, groups will scale our on-site cliff, known to be hundreds of millions of years old. As well as climbing students will also get the chance to support their team by holding the ropes while they ascend.	Campfire A gathering to share our experiences of the trip, with an opportunity to learn about the night sky. Play a game, sing a song, and enjoy toasting marshmallows or home-made damper bread!
Day 3:	Wilderness Bushcraft Could you survive in the wilderness? Using ancient techniques, we will learn how to fend for ourselves in the wilderness during a number of bushcraft tasks, including fire-lighting and shelter building.	Depart ~ 12 pm (packed lunch provided)	

Meal Times*	Additional notes
Breakfast: 08:30 – 09:15 Lunch: Soup and rolls at 12:30, packed lunches on day of departure Dinner: 17:30 – 18:15  *These times could change closer to your trip	Additional sessions are available below: please enquire for more details. Sandy Shore Discoveries, Curious Creatures, Campfire and Storytelling, Environmental Art Adventurous Activities (may include additional charge): Rock Climbing, Archery

Useful Information

- The programme can be tailored to your requirements after contact with a Millport tutor. We encourage you to discuss your preferences, needs and requirements in as much detail as possible prior to your visit so that we can plan the programme to meet your needs and to prepare for the course in advance of your arrival. Please get back in touch with your tutor if you would like to refine the programme. The more detail you can give us to assist in meeting your needs, the better.
- The order of days and location of study sites may be varied due to the weather, and to avoid equipment/transport clashes.
- Students are requested to bring a packed lunchbox and water bottle.
- Students will undertake activities outdoors for extended periods of time and should therefore be dressed appropriately for the weather conditions. **They will need wellies, a waterproof jacket with hood and waterproof trousers.** If students don't own these items, they can borrow these from the centre free-of-charge upon arrival.



A typical day at Millport:

We make the most of your time whilst at the centre. Whilst every day will be different depending on weather, pace, individual needs and school preferences, a typical day would normally involve activities starting at 9:15am, spending as much time outdoors as possible until lunch at 12:15. Afternoon sessions will typically start at 1pm until 4pm. There will be an evening activity after dinner from 6:30pm to 7:30pm.

For lunchtime arrivals, teaching will aim to start at 1.00pm unless stated otherwise. You are welcome to arrive at Millport from 12pm to eat packed lunches, settle into rooms and enjoy the grounds. We recommend arriving by 12.30pm to allow enough time to settle into the building prior to activities starting at 1pm.

