



**Course name:** Dry Suit Diver at Millport

**Delivered by**: Freedom Diving Limited (Accreditation by SSI, PADI or BSAC)

Qualified divers who have learnt in warm water and want to learn the skills to dive in cold water (as well as see the marine life/dive sites around Cumbrae).

A certificate can be provided upon completion and the dive/s logged which can count towards further qualifications and training.

## By the end of the course, you will be able to:

- Avoid common drysuit diving problems
- Choose a drysuit and undergarments
- Care for your drysuit
- Speak from experience about the UK underwater world

### Who Should Attend?

Take this course if you want to:

- Dive in colder water temperatures
- Stay warmer in colder waters
- Learn to dive in a drysuit
- Buy a drysuit
- Discover Scottish Diving!

## **Knowledge Level**

This course is open to qualified divers and can be completed alongside a diving qualification if needed (will require additional days of training).

Individuals must be at least 10 years old and be comfortable in UK water.

A medical form will need to be completed prior to in water sessions and individuals with certain conditions may need to have the form signed by their GP. Guidance is provided on the form.



### **Prior Knowledge**

Knowledge as held by a qualified diver. As part of the experience participants will complete a theory to develop their knowledge of dry suits and promote safety during the in water experience.

### **About the Instructors**

During the course the participants will be looked after by at least one instructor and a support diver (sometimes another instructor). Below are two of the dive team that you may meet:

### James Harman - Lead Instructor

James is a Marine Biology graduate who learnt to dive on the Costa Brava in Spain and then fell in love with UK diving. He has now been an instructor for 8 years in the UK with over 2,000 dives across the length and breadth of the country.

His passion is exploring new dive sites; uncovering new reefs full of Marine Life and finding other interesting features for other divers to explore.

His experience spans recreational, technical and commercial diving as well as dive safety and expedition management. You'll often find him leading the dive trips and not getting around to the admin that the office team are constantly chasing him for.

LANGUAGES: English & Spanish.

#### **Rie Pors - Divemaster**

Rie has always thought that all sea creatures were weird and cool, she loves water and she got into Scuba Diving as soon as she could.

She completed her Open Water in Panama when she was 17 and finished Rescue and commercial training in Denmark.

She is a biologist and she works as a marine environmental scientist, spending most of her time identifying marine life or collecting videos and samples off of ships.

Her favourite dive site is in Loch Leven but she is always up to explore new sites!

LANGUAGES: English, Danish & Spanish



The Dry Suit Diver course includes eLearning, a confined water dive and two open water dives with the diving taking place in a single day.

Before getting in the water the dive professionals will assist students with donning and checking their equipment including the dry suit (much warmer than wearing wetsuits!). Once everyone is happy with the equipment a dive briefing will take place before entering the water so that everyone is aware of what the plan is and can ask any questions that they may have.

The confined water dive is done in shallow water (<3m) where participants will get used to the equipment and put into practice some of the knowledge that they learned previously. During this first dive, instructors will also teach some basic skills to help participants be both safe and comfortable as they progress through the course.

Providing that participants demonstrated confidence on the confined water dive and were able to complete the necessary skills there will be an opportunity to dive deeper on the first open water dive of the Dry Suit Diver course.

The dives normally take place over about 6 hours and includes transport, getting equipped, briefings, dives and debriefs.

There will be at least two dive professionals in the water to every 4 participants and there will also be cover on the surface while participants are in the water.

If there are more than 4 participants, then up to 3 groups of 4 can be taken diving in a day providing that there is sufficient daylight and that weather conditions are appropriate. Alternatively, more professionals can be added to accommodate larger groups.

# What's Included

#### The course includes:

- All appropriate diving related equipment
- Expert guidance from HSE compliant diving instructors who are all trained in Marine Biology
- Course certificate from a recognised commercial 5 star Dive Centre (Freedom Diving Limited)
- Free Wi-Fi
- Full board accommodation including cooked breakfast, lunch, and evening meal (evening meal if staying overnight)



- All activities and course transportation
- Hot and cold drinks
- Free parking

### **Before You Attend**

# What to bring

- Spare change of clothing (you might get wet)
- Warm clothing (jacket, jumper and hat) for being outdoors in Scotland
- Lightweight sports kit to go under the dry suit
- Water/bottle and any snacks you might want. Meals are provided at the centre
- Your phone/camera (memories last forever)
- Any dive equipment that you own and want to use
- Enthusiasm and a sense of adventure

# Opportunities to attend this course

If you would like to book this course, please contact Freedom Diving:

E-mail: info@freedom-diving.co.uk

Tel: 07787 429 285

Web: <a href="https://www.freedom-diving.co.uk">https://www.freedom-diving.co.uk</a>

Reference Dry Suit Diver Course at Millport



**Location:** Field Studies Council Millport, Isle of Cumbrae, North Ayrshire, KA28 0EG, Scotland