

Course name: Rescue Diver Package inc. First Aid & Emergency Oxygen at Millport

Delivered by: Freedom Diving Limited (Accreditation by SSI, PADI or BSAC)

This course is aimed at qualified divers who want to learn how to help other divers and know what to do in the event of an emergency. It is also a pre-requisite for those wanting to progress to Divemaster or become Master Scuba Divers.

A certificate can be provided upon completion and the dive/s logged which can count towards further qualifications and training.

By the end of the course, you will be able to:

- Help other divers
- Fix minor gear issues
- Provide Basic Life Support and use Emergency Oxygen
- Assist in the event of a diving emergency

Who Should Attend?

Take this course if you want to:

- Be a better dive buddy
- Increase your value as a dive team member
- Prepare for becoming a Divemaster or Master Scuba Diver
- Be more safety conscious

Knowledge Level

This course is open to qualified divers who are at least 12 years old and are comfortable in UK water.

A medical form will need to be completed prior to in water sessions and individuals with certain conditions may need to have the form signed by their GP. Guidance is provided on the form.

Prior Knowledge

Knowledge as held by a qualified diver. As part of the course participants will complete theory to develop their knowledge of Rescue Diving, Emergency Care and Emergency Oxygen use.

PLEASE NOTE:

Quoted price requires a minimum 4 participants to run the course. Course go-ahead will be confirmed 3-4 weeks prior to start date.

About the Instructors

During the course the participants will be looked after by at least one instructor and a support diver (sometimes another instructor). Below are two of the dive team that you may meet:

James Harman - Lead Instructor

James is a Marine Biology graduate who learned to dive on the Costa Brava in Spain and then fell in love with UK diving. He has now been an instructor for 8 years in the UK with over 2,000 dives across the length and breadth of the country.

His passion is exploring new dive sites; uncovering new reefs full of Marine Life and finding other interesting features for other divers to explore.

His experience spans recreational, technical and commercial diving as well as dive safety and expedition management. You'll often find him leading the dive trips and not getting around to the admin that the office team are constantly chasing him for.

LANGUAGES: English & Spanish.

Rie Pors - Divemaster

Rie has always thought that all sea creatures were weird and cool, she loves water and she got into Scuba Diving as soon as she could.

She completed her Open Water in Panama when she was 17 and finished Rescue and commercial training in Denmark.

She is a biologist and she works as a marine environmental scientist, spending most of her time identifying marine life or collecting videos and samples off of ships.

Her favourite dive site is in Loch Leven but she is always up to explore new sites!

LANGUAGES: English, Danish & Spanish

The Rescue Diver Package includes eLearning for Emergency Care, Emergency Oxygen and Rescue Diver as well as a First Aid day and two Rescue Diver Skills and Assessment days. It is an intense but very rewarding course for all who participate.

The First Aid day covers primary care from Scene Assessments and Primary Assessments all the way through to Basic Life Support, AED's and Emergency Oxygen. Secondary Care will also be covered showing participants how to do Injury, Neurological and Illness Assessments. Once this day is complete we combine the new skills with the Rescue Diver course.

The Rescue Diving element of the course takes place over two days with a focus on skills for the first day and a half. The two days culminate with a series of Rescue Scenarios where participants put their new skills to the test in a controlled environment.

There will be at least two dive professionals in the water to every 4 participants and there will also be cover on the surface while participants are in the water.

If there are more than 4 participants, then up to 3 groups of 4 can be taken diving in a day providing that there is sufficient daylight and that weather conditions are appropriate. Alternatively, more professionals can be added to accommodate larger groups.

What's Included

The course includes:

- All appropriate diving related equipment
- Expert guidance from HSE compliant diving instructors who are all experienced in rescue management
- Course certificate from a recognised commercial 5 star Dive Centre (Freedom Diving Limited)
- Free Wi-Fi
- Full Board Accommodation including cooked breakfast, lunch, and evening meal (evening meal if staying overnight)
- All activities and course transportation
- Hot and Cold Drinks
- Free parking

Before You Attend

What to bring

- Spare change of clothing (you might get wet)
- Warm clothing (jacket, jumper and hat) for being outdoors in Scotland
- Lightweight sports kit to go under the dry suit

- Water/bottle and any snacks you might want. Meals are provided at the centre
- Your phone/camera (memories last forever)
- Any dive equipment that you own and want to use
- Enthusiasm and a sense of adventure

Opportunities to attend this course

If you would like to book this course, please contact Freedom Diving:

E-mail: info@freedom-diving.co.uk

Tel: 07787 429 285

Web: <https://www.freedom-diving.co.uk>

Reference **Rescue Diver Course at Millport**



Location: Field Studies Council Millport, Isle of Cumbrae, North Ayrshire, KA28 0EG, Scotland